

Abstract

## A Multipurpose Device for Martial Arts Training

5        A modular martial arts training device with at least  
two tubular components, each having at least one joining  
end, an interior surface and an exterior surface, and a  
connection means affixed within the interior surfaces of  
each of the at least one joining end to removably affix the  
10 at least two tubular components together to form a  
continuous shaft.